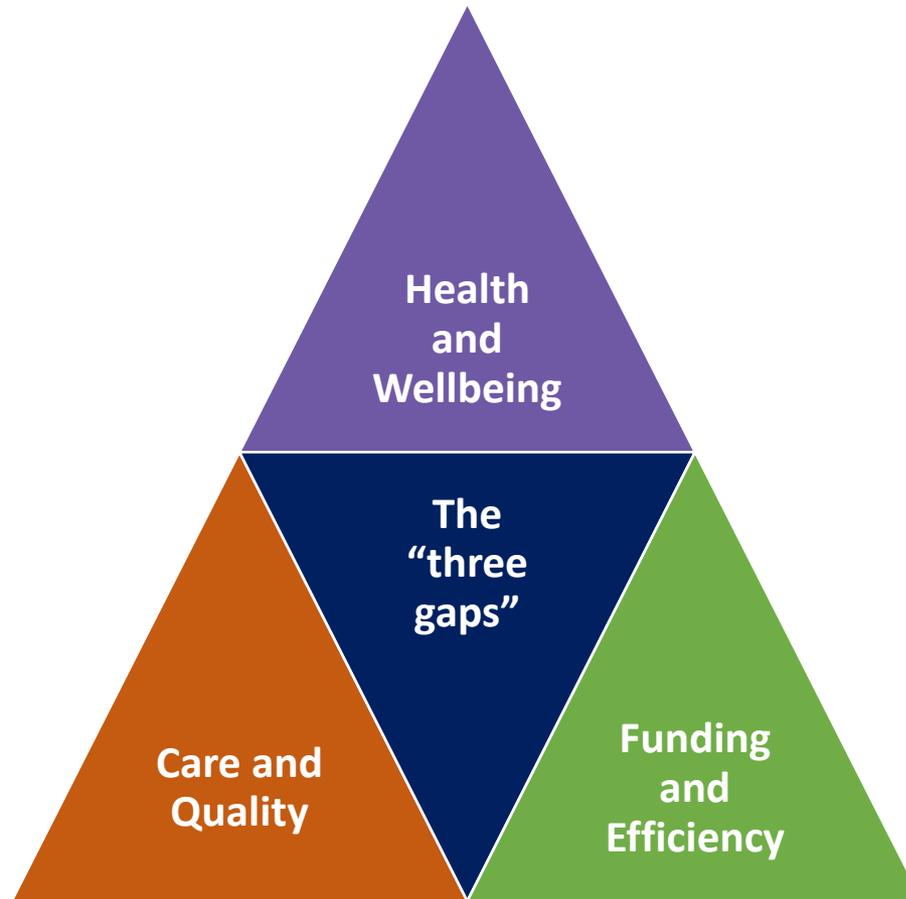
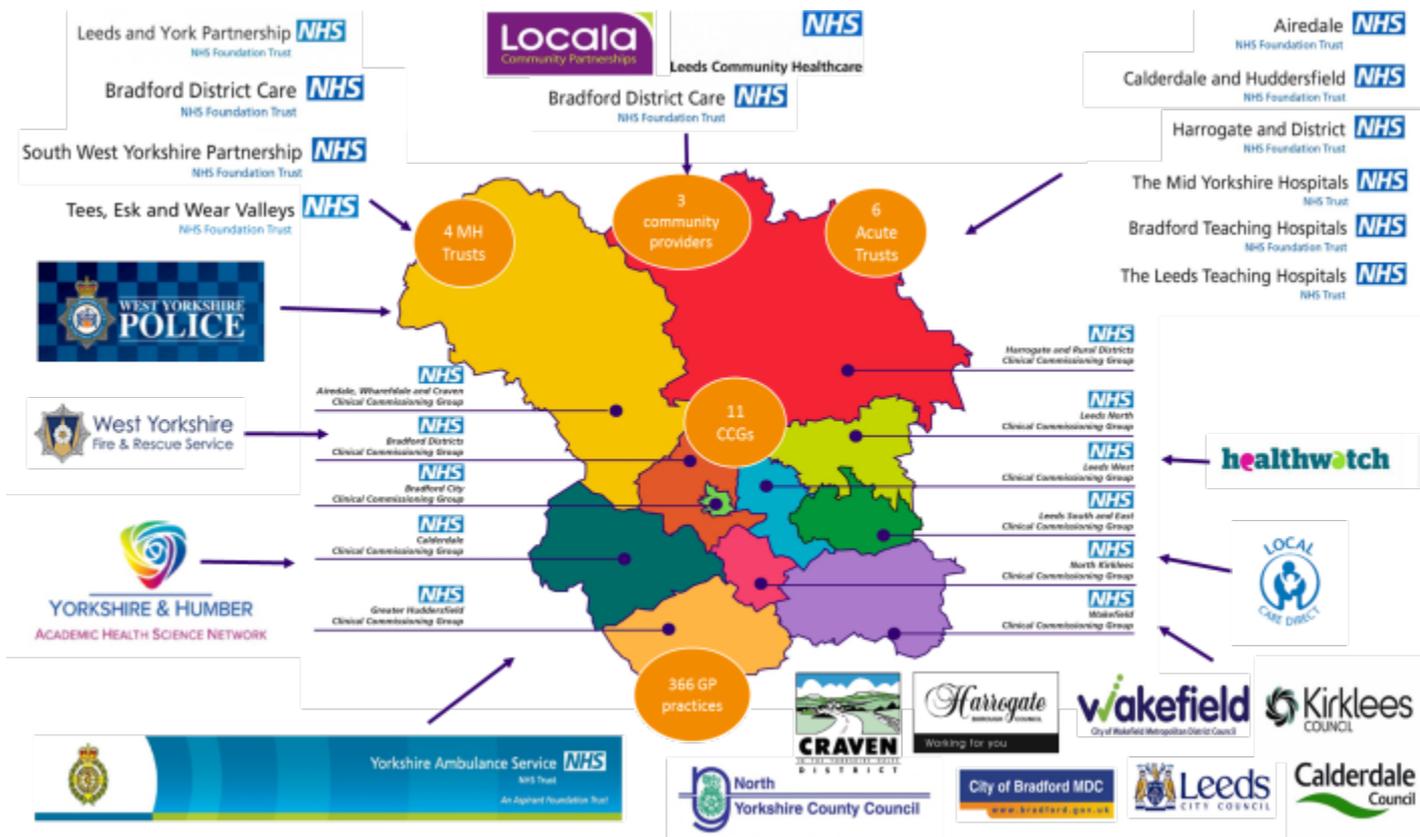


What are STPs?



44 planning footprints aiming to deliver the Five Year Forward View

Sustainability, Transformation, Planning



Serving a population of 2.6m

With a total allocation of £4.7bn across health by 20/21

Paid Workforce of 113,000

Plus....

- 650 Care homes
- 319 Domiciliary care providers
- 10 hospices
- 8 large independent sector providers
- Thousands of Voluntary & Community Sector organisations

Leadership Aim and Principles

*Our collective leadership **aim** is to achieve the best possible outcomes for the population through delivery of the Five Year Forward View*

We have **Guiding principles** that shape everything we do as we build trust and delivery

- We will be **ambitious** for the populations we serve and the staff we employ
- The WY&H STP belongs to **commissioners, providers, local government and NHS**
- We will **do the work once** – duplication of systems, processes and work should be avoided as wasteful and potential source of conflict.
- We will undertake **shared analysis** of problems and issues as the basis of taking action
- We will apply **subsidiarity** principles in all that we do – with work taking place at the appropriate level and as near to local as possible

These are critical common points of agreement that bind us together

A vision for health and care in West Yorkshire and Harrogate ...

- Every place will be a **healthy place**, focusing on **prevention, early intervention and inequalities**
- We will work with local communities to build **community assets** and resilience for health
- People will be **supported to self-care**, with **peer support** and technology supporting people in their communities
- Care will be **person centred**, simpler and easier to navigate
- There will be **joined-up community services across mental & physical health and social care** including close working with voluntary and community sector
- Acute needs will be met through services that are “**safe sized**” with an acute centre in every major urban area, connected to a **smaller number of centres of excellence providing specialist care**
- In some areas local services will evolve into **accountable care systems** that collaborate to keep people well
- We will move to a **single commissioning arrangement** between CCGs and local authorities and have a stronger West Yorkshire and Harrogate commissioning function
- We will **share back office functions and estate** where possible, to drive efficiencies to enable investment in services
- West Yorkshire & Harrogate will be **great places to work**
- We will always **actively engage people** in planning, design and delivery of care
- West Yorkshire and Harrogate will be an international destination for **health innovation**

Six local area plans.....

The West Yorkshire and Harrogate STP is built from six local area plans:

- Bradford District & Craven;
- Calderdale;
- Harrogate & Rural District;
- Kirklees;
- Leeds; and
- Wakefield.

Health and Wellbeing Boards, local health and wellbeing strategies and JSNA.

These six local plans are where the majority of the work happens.

We identified the following priorities for working together at West Yorkshire & Harrogate level...

- Cancer services
- Urgent and emergency care
- Specialist services
- Stroke (hyper-acute and acute rehab)

- We work together because of the need for critical mass

- Standardisation of commissioning policies
- Acute collaboration
- Primary and community services

- We work together to reduce variation and share best practice

- Mental health
- Prevention at scale

- We work together to achieve greater benefits

Impact.....Health and Wellbeing

Improving
people's health
and wellbeing



Reduce the number of smokers by **125,000** by 2021

226,000 people at risk of diabetes, we want to reduce this by a **quarter** by 2021

Reduce number of people admitted to hospital due to alcohol by **500** a year

Increase the one year survival rate of people with cancer to **75%** by 2021 with a potential to save **700** lives a year

By **2021** we want to adopt a philosophy that all suicides are preventable, aiming to reduce the number of suicides by up to 75% as part of the **five year** forward view for mental health.

Reduce the number of people experiencing a CVD incident by **10%** across the area by 2021. This would mean **600** people in Bradford alone.

Impact..... Care and Quality

Our targets for change



95% of people attending A&E will be seen in **4 hours**, by 2017

92% of people will be seen by a specialist within **18 weeks** and we will deliver these standards in physical and mental health services

Supported self care for **all people with a long term condition**, with peer support and access to technology designed for your needs

A move to **25%** of the appropriate population accessing psychological therapies in their community and increasing the levels of recovery

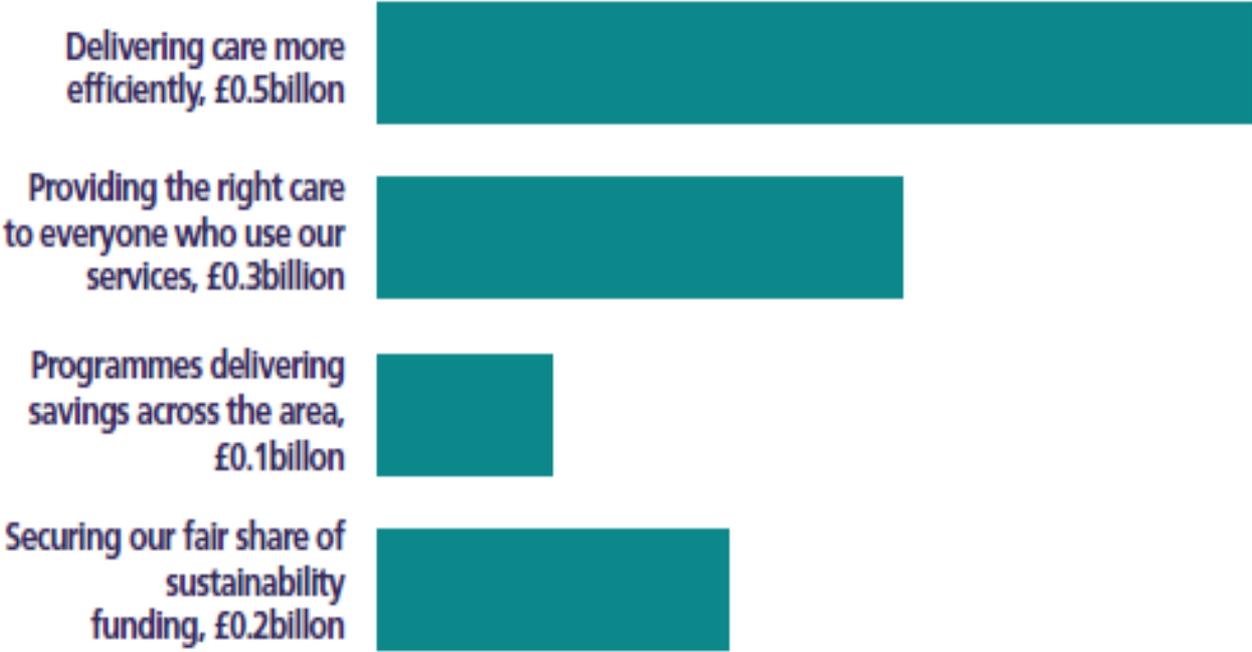
Regardless of where you live, your experience of services will have improved by **2021**

A new **28 days** standard to cancer diagnosis will be introduced

Reduce the number of people with mental health concerns going to A&E by **2021** and bring their care closer to home

Increased focus on common thresholds for care and treatment to meet standards and **reduce postcode variations** in care.

Impact.....Finance and Efficiency



Five Year Forward View

*“One of the great strengths of this country is that we have an NHS that -at its best -is **‘of the people, by the people and for the people’**.”*

Yet sometimes the health service has been prone to operating a ‘factory’ model of care and repair, with limited engagement with the wider community, a short-sighted approach to partnerships, and underdeveloped advocacy and action on the broader influencers of health and wellbeing.

*As a result we have not fully **harnessed the renewable energy represented by patients and communities, or the potential positive health impacts of employers and national and local governments.**”*

Six principles for engaging people and communities

[The People and Communities Board](#), developed 6 principles **require that:**

- Care and support is person-centred: personalised, coordinated, and empowering
- Services are created in partnership with citizens and communities
- Focus is on equality and narrowing inequalities
- Carers are identified, supported and involved
- Voluntary, community and social enterprise and housing sectors are involved as key partners and enablers
- Volunteering and social action are recognised as key enablers.

West Yorkshire & Harrogate enabling programmes

Harnessing the power of communities

Digital and Interoperability

Workforce

Innovation and Best Practice

Strategic Commissioning

Governance and decision making

We are committed to establishing a **new relationship with our communities** built around good work on the co-production of services and care.

Our proposals to support people to self-care, prevent ill-health, implement the GP 5YFV and join up community services require a new relationship that sees **people as assets** not issues.

They are fundamentally linked to **building resilience through community assets, local populations and the large numbers of thriving voluntary and community sector organisations** across West Yorkshire and Harrogate.

West Wakefield Schools App Challenge

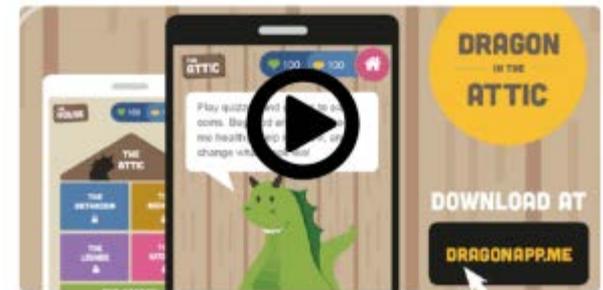


- Seven schools
- Seventeen GP practices
- Seventy App ideas
- Over 400 local year six pupils and their families
- Making better health choices about exercise, diet and oral health thanks to being involved in **Schools App Challenge**.

<https://www.youtube.com/embed/X3hcVhMuxEk>



*For children ages 7–11 years old.
Encouraging them to think about health and wellbeing choices in three areas: exercise, healthy eating and dental health.*



*For children ages 8 - 12 years old .
A mental health app centred on anti-bullying ideas.*

Active Care Homes Pilot in Calderdale:

Molly & Bill

Making our lives lively and being involved in local life



Partnering with several residential **care homes in Calderdale to provide an activity programme for their residents.**

Creating a network of VCS and individual creative providers who will **provide creative and meaningful activities in the homes** that **individual home residents, their families and friends and broader community members** will be able to access.

Portrait of a Life



South West
Yorkshire Partnership
NHS Foundation Trust

A unique **training tool** containing 3 e-learning modules and downloadable resources that:

- explores the concept of life story work, best practice, and how to manage risks and ethics;
- improves competence to interact with carers and service users; and
- provides education in the importance of 'seeing the person first'

www.portraitofalife.co.uk

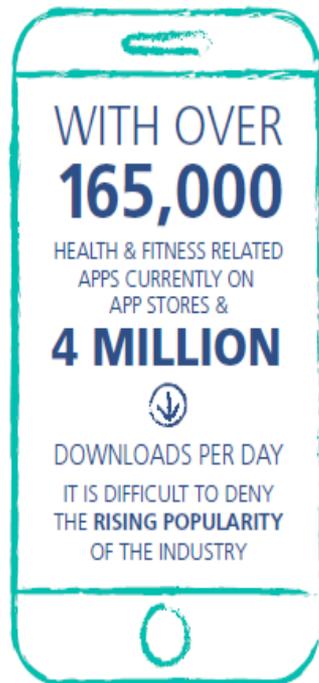
Developed with those living with a diagnosis of dementia, family and carers.

With **all of us** in mind.

COPRODUCTION

- When we are in it together
- Where we need the assets of professionals **and** users
- When its not known exactly what to do
- Where there is interdependency and knock on effects (what I do affects others)
- In personalised services
- People who use services contribute to the productions of those services - ideas, design and delivery

ARE HEALTH APPS AND MOBILE HEALTHCARE THE FUTURE?



Weight loss Apps
50 MILLION
DOWNLOADS



Exercise Apps
26.5 MILLION
DOWNLOADS



Women's Health Apps
10.5 MILLION
DOWNLOADS



Sleep & Meditation Apps
8 MILLION
DOWNLOADS



Pregnancy Apps
7.5 MILLION
DOWNLOADS



Tools & Instruments Apps
26.5 MILLION
DOWNLOADS

PROFESSIONALS ARE SEEING THE OPPORTUNITY WITH HEALTH APPS TOO



80%
OF PROFESSIONALS ARE USING
SMARTPHONES & MEDICAL APPS



40%
BELIEVE HEALTH TECHNOLOGIES CAN REDUCE
THE NUMBER OF VISITS TO DOCTORS' OFFICE



93%
BELIEVE THAT THESE APPS CAN
IMPROVE PATIENT'S HEALTH

How can we unleash people driven digital health and wellbeing ?

The potential for people driven digital innovation from the ground up should be recognised, understood and supported at a strategic level. Health and care need to enable this to happen but it should be led by people not by institutions. It is only by people driving digital innovation that a step change can be achieved and outcomes in health and care transformed.



@mjseres Arguably the first truly people led tech event happening here in Leeds
#PdDigital15

@tobite_e Finally a health tech day not driven by the industry, but by the people
#peoplepower #PdDigital15

@jamesfm55 People-driven digital health feels like a movement whose time has come. And much needed **#PdDigital15**

The online **'Us'** platform was produced **with and for users of Leeds MIND's peer support service** and features themed group rooms, live update feeds and peer moderation.

'Tandem' platform for **people accessing Chronic Fatigue services** provided by Leeds and York Partnership NHS Foundation Trust. (under development)

Leadership – it's a people issue

